



ÉCLAT

COSMETIC MICRONEEDLING AND MESOSTAMPING PRE/POST CARE INSTRUCTIONS

Pre-Treatment:

Discontinue use of Retin A, Retinols, Vitamin A creams and any topical medications 3-5 days before your Collagen Induction treatment. It is required that you wear a sunscreen daily and use the appropriate home care topical products. (Examples are serums and sheet masks recommended by your practitioner).

Post-Procedure Instructions:

- NO sunscreen or makeup for 12 hours following treatment.
- Wash the face 4 hours after treatment. Use a gentle, non-acidic cleanser. Gently massage the face with tepid water and remove all serum and dried debris. This will improve the appearance of the skin and allow for better absorption of the serum you will be applying post treatment.
- If you experience any discomfort or swelling, cool compresses may be applied to the skin. Caution: Working out and sweating in the first 48 hours after treatment may increase redness, swelling, discomfort and possible infection.
- If you experience excessive itching, apply hydrocortisone cream and/or take an antihistamine for any possible allergic response.
- Avoid allowing the skin to become excessively dry. Use the recommended serums as often as needed. Moisturizers may be used after 72 hours but may increase risk of milia due to their occlusive nature. Serums are recommended and preferred.
- 12-72 hours post treatment, make up can be applied during the day but continue to following the cleansing, hydration and sunblock skin care regimen.
- After 72 hours you may return to your regular skin care regimen.
- Avoid alcohol based toners for 10-14 days, as well as excessive sun exposure for at least 10 days.

What to Avoid:

- For at least 24 hours post treatment to NOT use any Alpha Hydroxy Acids, Beta Hydroxy Acid, Retinol, Vitamin C or anything perceived as “active” skin care
- Avoid intentional and direct sunlight for 24 hours. No tanning beds.
- Do not go swimming for at least 24 hours post treatment.
- No exercising or strenuous activity for the first 24 hours post-treatment. Sweating and gym environments are harmful, rife with bacteria and may cause adverse reactions.